Jarrow FORMULAS, INC.

Superior Nutrition and FormulationSM

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July 7, 1998

Dr. Elizabeth Yetley, Ph.D. F.D.A.
Office of Special Nutrition 200 "C" St., S.W.
Washington, DC 20204

7/14/98

Please be advised that Jarrow Formulas, Inc. is marketing a product containing a "Structure and Function" statement on the label. According to the notification requirements set forth by the DSHEA (Dietary Supplement Health and Education Act, 1994) legislation, please be advised of the following:

Name of Product: C + Herbs, 60 Quik-Solv™ Tablets

Active Ingredient(s): Silymarin 30:1 concentrate (standardized to 80% silybin), PicroLiv™ (3.5-4% Kutkin from Picorrhiza kurroa), Astragalus Root 6:1, Schisandra 5:1, Scutellaria (Skullcap) Root 4:1, Vitamin C (Ascorbic Acid)

Claim(s): "Antioxidant Protection." C + Herbs contains a synergistic blend of premium standardized phytochemicals (beneficial compounds found in plants) concentrated in bioflavonoids. The botanical combination was selected for the complementary bioflavonoid-rich profile. Herbs such as Silymarin and PicroLiv™ are included because they contain flavonoids that support antioxidant function in hepatocytes (liver cells). Vitamin C is a basic antioxidant and is essential to the synthesis of collagen and the health of connective tissue, gums, teeth and bones.

The following disclaimer appears on the label: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted.

Siddharth S. Shastri, B.A., C.C.N.

Director of Product Development

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SUGGESTED USAGE: As a dietary supplement, take 1 or more tablets daily with a meal, or as directed by your qualified health consultant

C + Herbs contains a synergistic blend of premium standardized phytochemicals (beneficial compounds found in plants) concentrated in biofl.vanoids. The botanical combination was selected for the complén antary bioflavanoid-rich profile. Herbs such as Silymarin and PicroLlv™ are included because they contain flavonoids that support antioxidant function in hepatocytes (liver cells). Vitamin C is a bat's antioxidant and is essential to the synthesis of collagen and the health of connective tissue, guns, teeth and bones.

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PROD # 12014

Lot #. Best Used Before:



Jarrow FORMULAS™

C + H€RBS

BioFlavonoid Rich Complex

Antioxidant Protection

Dietary Supplement 60 Quik-Solv™ Tablets

Supplement Facts Serving Size One Tablet

	Amount Per Tablet	% Daily Value
Silymarin 30:1 concentrate		
(standardized to 80% silybin)	75 mg	••
PicroLiv™ (3.5 - 4% Kulkin from		
Picromhiza kurroa)	50 mg	**
Astragalus Floot 6:1	150 mg	•••
Schisandra 5:1	75 mg	••
Scutellaria (Skulicap)Root 4:1	150 mg	••
Vitamin C (Ascorbic Acid)	500 mg	833%
% Daily Value for age 12 and ok	ler. stablished.	

Other Ingredients: Magnesium stearate. Contains NO common allergen.

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Los Angeles, CA 90035-4317